

PHYLLIS A. ERNST
Senior Center

Recreation & Parks
Department
3810 Veterans Memorial Drive
Hilliard, Ohio 43026
614.876.0747
8 a.m. – 4 p.m.

VOLUME 37, NO. 4
SEPTEMBER – OCTOBER 2016
hilliardohio.gov



PLAY!

REAL PEOPLE. REAL POSSIBILITIES.



Brian Davis great friend to seniors in Hilliard

The Norwich Township Fire Department family recalls Lt. Brian Davis as a man who genuinely cared for his fellow firefighters and the community and with a deep-seated faith and love for his family.

“He truly and genuinely cared for the people of our community (and had an infectious smile,” Norwich Lt. George Sorge recently recalled while sitting in the engine bay of Station 81 at the Joint Safety Services Building.

Davis, 46, died June 29 at his Grove City residence. He was diagnosed in November with a form of leukemia, Sorge said.

Sorge said he met Davis when both were firefighters in Hamilton Township. Davis joined Norwich Township in 1998 and he recruited Sorge because Norwich was hiring personnel to staff Station 82 on Walker Road in Brown Township.

Sorge said Davis had a unique leadership approach and an affinity for helping senior citizens, whom Davis called “seasoned citizens.”

“Brian always asked his firefighters how they were doing, how things were at home, and he was there to celebrate with or support you,” he said.

About eight years ago, Davis established a firefighters’ luncheon at the Phyllis A. Ernst Senior Center. Every three months, he and other firefighters prepared and served lunches.

“He was a great friend to all the seniors here. They loved his humor and he made even difficult subjects a little fun,” said Beth Simon, program manager for the

Hilliard Recreation and Parks Department.

About 200 seniors attend the quarterly luncheon.

“They all had the firefighters luncheon on their calendar,” Simon said.

Davis will be inducted as an honorary member into the Hilliard Senior Citizen Hall of Fame in September alongside civil servant and former business owner Otie Blankenship and posthumous selection Ken Brenneman, a former music director at Hilliard High School and executive director of the Hilliard Arts Council.

Davis was active at Grove City Church of the Nazarene, where he served as small-group coordinator and was involved in Upward basketball.

Davis is survived by his wife, Marney; children, Hannah and Nicholas; parents, Clyde and Betty Davis; mother-in-law and father-in-law, Jean and Ed Linville; brother, Michael “Bub” (Loveda) Davis; brother-in-law, Deron (Rosie) Roberts; sister-in-law, Allison (Tim) Brock; and numerous nieces and nephews.

Memorial contributions may be made at any Chase Bank to the Marney Davis Donation Account for the education of the Davis children.

—Kevin Corvo; Reprinted with permission, *ThisWeek News*



Table of Contents

| | |
|---------------------------|-----------|
| News & Notes | Page 2 |
| Activities & Events | Page 2 |
| Health & Wellness | Page 3 |
| Seminars..... | Page 3 |
| Excursions | Pages 4-5 |
| Menus | Pages 6-7 |
| Extra! Extra! | Page 8 |

Membership Renewal

Memberships are valid for a period of 12 months. A renewal form is available in the office. Memberships are \$15. Complimentary memberships are provided to those 90 years of age and older.

NEWS & NOTES

Senior Center Newsletter

VOLUME 37, NO. 4
SPETEMBER – OCTOBER 2016

Registration

Online registration begins Friday, Aug. 12. Sign up for all September and October programs in person at 9 a.m. on Tuesday, Aug. 16.

Program Time Changes

As Fall begins, we go back to the original time schedule with lunch at Noon. Thank you so much for your patience during our busy summer season. We are also so glad to have Kate back inside with us!

Center Closings

The center is closed from Monday-Friday, Sept. 5-9 for cleaning and on Monday, Oct. 10 for Columbus Day.

Library

We have a library available with a wide selection of books, movies, books on tape and puzzles. Computers and printers are also available for your use. Please stop in and enjoy the library. Thank you for all donations!

Free Spaghetti Lunch – Sponsored by Hilliard's Lion's Club

Sign up at the front desk for the free lunch sponsored by your local Lion's Club.

- Tuesday, Sept. 20; Noon; Free

OSHIIP

The Ohio Senior Health Insurance Information Program provides free information and other health insurance services to people in Ohio covered by Medicare. Schedule a one-on-one appointment at the Center office for the fourth Thursday of the month.

Euchre Party

- Thursday, Sept. 15; 3-6 p.m.; \$6 (includes dinner and prizes for the winners)



PLAY! Program & Activity Guide

For additional information about things to do, pick up a Fall & Winter Activities.

ACTIVITIES & SPECIAL EVENTS

Happiness Club

Your reservation is due by 4 p.m. the Wednesday before the lunch. Register at the center or online.

- Fridays, Sept. 2 and Oct. 14, Noon; \$6

Prayer Luncheon

Join us for the Prayer Luncheon. An area minister presents a short message after the luncheon. Your reservation is due the day before the luncheon.

- Fridays, Sept. 30 and Oct. 28, Noon; \$5

Po-Ke-No

Sponsored by Mayfair Village.

- Thursday, Sept. 29, 10 a.m. None in October.

Dine & Discover with Carriage Court

Carriage Court hosts this luncheon and has an informative speaker after our meal.

- Fridays, Sept. 16 and Oct. 21, Noon; Free

Bible Study

- Mondays, 10:15 a.m.; Free

Bingo

Join us for Bingo sponsored by area businesses, including Darby Glen, Mill Run Care Center, Mayfair Village and Altercare.

- Thursdays, 1 p.m.; \$2

Crochet Class

Experienced or beginner, have fun with others. Join Lindsay Cohler from Mill Run Gardens.

- Wednesdays, Sept. 28 and Oct. 26, 1 p.m.; Free, supplies provided by Mill Run

Open Studio

The craft room is spacious and light. Bring your own drawing or painting project and meet other artists!

- Fridays, 9:30-11:30 a.m.; Free

Craft Club

This group works on various projects for fundraisers and donations; supplies provided.

- Wednesdays, 9:30 a.m.; Free

Friday Flicks

- Second and fourth Fridays, 1:30 p.m.; Free

Halloween Spooktacular Lunch

Come dressed in costume if you *DARE* for a *SPOOKtakular* time!

- Thursday, Oct. 27, Noon; \$5

Veteran's Day Luncheon

Join us in honoring our senior veterans at a special luncheon program. We salute all the men and women that have served our country. This lunch is open to all and free to our veterans. Regular lunch price applies to non-veterans. After lunch enjoy a program in your honor.

- Thursday, Nov. 10, Noon-2 p.m., free to veterans, \$5 for non-veterans

Jewelry Making Class

Supplies are provided.

- Wednesdays, Sept. 21, Oct. 5 and 19; 1 p.m.

HEALTH & WELLNESS



Indoor Walking

Indoor walking 8-8:45 a.m. Monday-Friday in the gym.

Bowling

Meet Bill Lobuzzetta at Sawmill Lanes on Monday mornings at 9 a.m.

Zumba

Ditch the workout and join the party! Zumba uses interval training combining fast and slow rhythms for an effective aerobic workout. Watch and follow along. Zumba is great for the body and mind. The class is designed for all abilities. Instructor: Doreen Woodard.

- Mondays and Wednesdays, 9:15-9:45 a.m.; Sundays, 5-6 p.m.; Mondays and Thursdays, 6-7 p.m.; \$3

Chair Volleyball

Play this fun version of volleyball with a 20-inch beach ball, smaller court and lower net. Instructor: Linda Hoover.

- First and third Fridays, 10:15 a.m.; Free

Pickleball

Interested in Pickleball? It is a court game slower than tennis with strategies similar to tennis and table tennis. Pickleball is played with wood or composite paddles and perforated, plastic balls similar to Wiffle balls. Free with Senior Membership.

- Monday, Wednesday and Friday, 12:30-2:30 p.m.
- Tuesday and Thursday, 9:15-10:45 a.m.

Lifestyle Exercise Group

The New Lifestyle is a wellness class led by fitness coach, Jane Stauffer. The classes are designed specifically for those who are ready for a fresh start and want to know where to begin with exercise. Each class helps with balance, strength, flexibility and endurance. All fitness levels are welcome. Exercises can be modified so you achieve success! **Your first class is free.**

- Mondays and Thursdays, 10:15-11 a.m.; Saturdays, 9:45-10:30 a.m.; \$7/drop-in

Strength Training

Fitness equipment, treadmills, free weights and stationery bikes are available in the weight room.

- \$5/month

Get Fit

This class is a complete full-body workout. Some exercises are done while seated and some while standing. All students work at their own pace. Free weights are used. Instructors: Tony Johnson and Maggie Schmidt.

- Tuesdays and Fridays, 9:15-10 a.m.; \$2/class or an activity card

Alzheimer's Support Group

A support groups for family members, caregivers and friends of people with Alzheimer's disease or related disorders meets at the Center and is facilitated by a trained professional. This group provide participants with an opportunity to discuss caregiving challenges and share helpful tips, while receiving support from others who are in similar situations.

- Third Friday of the month, 9:30 a.m.

LUNCH & LEARN, PLUS SEMINARS

Neptune Society

Find out more information on making the best choice for you and your family. The oldest and largest pre-need cremation company in America offering: Affordable Options and Savings, Veterans Benefits, Social Security Benefits and Travel & Relocation Protection

- Monday, Sept. 19; 11 a.m.; must attend seminar for free lunch

Credit Union of Ohio: Protecting Your Identity

The Federal Trade Commission estimates over 9 million Americans have their identity stolen each year. Attend this session to learn ways to Deter, Detect & Defend against fraud and ID theft. At the conclusion of the session, please stay and enjoy a free lunch.

- Tuesday, Sept 27; 11 a.m.; free, must attend seminar for free lunch

L&L: Edward Jones

Michael Marcano, TBD.

- Wednesday, Oct. 5; 11 a.m.; Free, must attend seminar for free lunch

World of Travel Trips

Sandy from World of Travel presents our 2017 trips: Western Caribbean Cruise, Feb. 24-March 4, 2017; Four Corners National Parks Tour, May 4-11; Christmas Market Cruise on The Danube River, Dec. 5-12.

- Thursday, Oct. 13; 10 a.m.; Free

EXCURSIONS



The Wilds

Local Shop

The center bus can pick you up at your home if you live in the City of Hilliard. The bus departs from the center at 11 a.m.; \$2. Please call in advance to make a reservation.

- Sept. 2: Wal-Mart
- Sept. 16: Kroger
- Oct 7: Meijer
- Oct 21: Wal-Mart

Scioto Downs Racino

With more than 2,100 of the most popular games, you're sure to find the game for you! \$10 free play; \$5 dining credit. **You must be registered for the trip by Friday to receive the free play and lunch credit.**

- Wednesdays, Sept. 21 and Oct. 12, 9:30 a.m.; \$4, plus lunch OYO at Racino
- Limited to 20 people only arriving in cars, please register.

Michael's Goody Boy Diner & Shopping in Short North

Mixing classic American fare with a unique twist on Greek street food, Michael's Goody Boy is a great place to sit outside, grab a bite and have a drink.

- Thursday, Sept 15; 10:30 a.m.; \$4 at signup, plus lunch OYO

Columbus Museum of Art – Picasso

Pablo Picasso. Inspired by CMA's Picasso Still Life with Compote and Glass, 1914–15, the show features some 50 works drawn from major museums and private collections from around the world. The exhibition explores how Pablo Picasso's work was impacted by the tumultuous years of the First World War, when the artist began experimenting with both cubist and classical modes in his art. Enjoy a 50-minute guided tour and then some time to explore on your own.

- Thursday, Sept. 1; 9:15 a.m.; \$5 at signup and \$14 cash day of tour, plus lunch OYO

Ash Cave & Dutch Kitchen

Ash Cave can be reached by walking a handicap accessible trail that leads hikers through a beautiful gorge lined with stately hemlocks. Although the cave was named for the huge pile of ashes found by early settlers in the cave shelter, the source of the ashes is still a mystery. Towering hemlocks, a cascading waterfall and a wide recess cave make Ash Cave one of Hocking Hills State Park's most popular hiking trails. The trail leading to the cave is asphalt and easily accessible for wheelchairs.

- Friday, Sept. 23; 9 a.m.; \$5 at signup and Lunch OYO



Tanger Outlet Mall – Sunbury

Brand new in June 2016, the mall features factory store retailers such as the Nike, Ann Taylor, Vera Bradley, Talbots, As Seen on TV and Under Armour.

- Monday, Sept. 19, 9:30 a.m.; \$5 at signup, plus lunch OYO at mall

The Wilds – Open Air Bus

Board an Open-Air Safari for the Wilds' premium experience. Knowledgeable guides take you through open-range animal areas, where you'll see rhinos, giraffes and many other rare and endangered animals roaming in large, natural settings. Explore, learn, and relax while you observe the wildlife around you. Discover the Wilds from an open-air vehicle and the amazing animals you'll encounter. This tour includes stops at Lake Trail and the Carnivore Center. Open-Air Safari tours are approximately 2+ hours long. Before or after your safari tour, enjoy a visit to the Wilds' Gift Market and Overlook Cafe, or a stroll through the Wilds' Butterfly Habitat.

- Monday, Sept. 26; 9 a.m.; \$5 at signup and \$30 cash day of tour, plus lunch OYO

EXCURSIONS (CONTINUED)



Huber Machinery Museum – Marion

Edward Huber was a man of vision who saw the tractor age before it came! He saw how steam might displace the sweep horse-power of our fathers. His vision was realized in "The New Huber" farm engine of many years ago. He saw how the farm engine might be propelled by its own power. The Edward Huber Machinery Museum, located on the Marion County Fairgrounds, contains examples of the finest steam and gasoline tractors, threshers and road-building equipment.

- Wednesday, Sept. 28; 9:15 a.m.; \$5 at signup lunch, plus lunch OYO at local restaurant

Bob Evans Farm Festival – Rio Grande

The Farm Festival offers a wide range of entertainment, one-of-a-kind handmade arts and crafts, farm contests, delicious local food, children's activities, demonstrations and musical performances!

- Friday, Oct. 14; 9 a.m.; \$6 at signup, plus lunch OYO at festival

Senior Living Festival – Hollywood Casino

The Senior Living Festival is a free celebration for older adults. The event is in the fall and it includes information exhibits, door prizes, live entertainment, recreational activities and free parking.

- Friday, Oct. 28; 9:30 a.m.; \$3 at signup, plus lunch OYO at festival

National Air Force Museum – Wright Patterson

The world's largest military aviation museum is even bigger! See more than 70 aircraft in four new galleries -- Presidential, Research & Development, Space and Global Reach. You can board a space shuttle, walk through four presidential aircraft, step inside cargo planes, enjoy new educational opportunities in three STEM Learning Nodes and much more.

- Tuesday, Oct. 18; 9 a.m.; \$5 at signup, plus lunch OYO

Valters at The Maennerchor Restaurant

Valter's at the Maennerchor, a casual restaurant with Old World trappings and modern menu flourishes at 976 S. High Street in Columbus. The restaurant was founded by Valter Velu, whose cooking and management style won over Werner Niehaus, president of the Maennerchor's board of directors. Valter has taken a creative turn with some menu items, such as the Jaegermeister wings, which are marinated for two days in German mustard, espresso and other ingredients then baked and grilled, not deep-fried.

- Wednesday, Oct. 26; 10:30 a.m.;

Circleville Pumpkin Festival

With your first visit to the Circleville Pumpkin Show, you'll discover that there's more than one way to present normal carnival foods: there's the normal way and then there's the Pumpkin Show way. You've got pumpkin chili, pumpkin waffles, pumpkin ice cream, pumpkin burgers, just about everything can be had with a flavoring of pumpkin. There is also a huge pumpkin pie that measures about 6 feet in diameter and more 100,000 pumpkins will be sold during the 4 day event.

- Wednesday, Oct. 19; 9 a.m.; \$5 at signup, plus lunch OYO

Tour of Gallipolis – The Old French City & Tuscany Cuccini

The history of Gallipolis dates back to the 18th century and encompasses events in both France and America. In America, with the Revolution behind them, Congress was eager to settle land west of the new states. As a result, land companies formed to buy acreage or at least gain rights to the land. In France, residents were fleeing from turmoil and sought the land of peace and freedom they had been let to believe awaited them in America. A group of Frenchmen were easily convinced by an unscrupulous salesman, William Playfair, to buy land in the Ohio Valley. Their journey led them to Gallipolis, one of the first settlements in the Northwest Territory.

- Tuesday, Oct. 25; 9 a.m.; \$6 at signup, plus lunch OYO at Tuscany Cuccini

HILLIARD PARK CAFE

614.876.0747

Meals are served at
Noon. **Cost is \$5.**
Meal price for
non-members is \$7.

| SEPTEMBER 2016 | | | |
|--|---|--|---|
| Tuesday | Wednesday | Thursday | Friday |
| | | 1 | 2 |
| | | Apricot Chicken White Rice Broccoli Cookie & Ice Cream | Happiness Club Pizza Dessert |
| 6 | 7 | 8 | 9 |
| CLOSED | CLOSED | CLOSED | CLOSED |
| 13 | 14 | 15 | 16 |
| Pork Stroganoff over Noodles Corn Kool Aid Pie | Bacon Quiche Fruit Cup Muffin Cherry Pie | Lasagna Tossed Salad Garlic Bread Apple Pie | Dine & Discover with Carriage Court |
| 20 | 21 | 22 | 23 |
| Taco Salad Muffin Applesauce Ice Cream Sundae | Liver & Onions Mashed Potatoes Green Beans Blueberry Cheesecake | Cheddar Chicken Wild Rice Mixed Vegetables Cookie/ Ice Cream | |
| 27 | 28 | 29 | 30 |
| Vegetable Beef Soup Grilled Cheese Pickles Peach Crisp | Ham Loaf Buttered Potatoes Mixed Vegetables Applesauce Buttermilk Pie | Sweet & Sour Beef over Rice Mixed Vegetables Peanut Butter Cake | Prayer Luncheon Meat Loaf Au Gratin Potatoes Corn Cherry Poke Cake |

Please make a reservation by 4 p.m. the preceding day. Meal tickets are available in the Senior Center office as an alternative to paying the \$5 meal charge each day. A meal ticket may be purchased for six (6) meals for \$29 or 12 meals for \$58 with cash, check, VISA, Discover, MasterCard or American Express. Meals are served at Noon. Happiness Club is \$6 and special event lunches may be more.

HILLIARD PARK CAFE

614.876.0747

Meals are served at
Noon. Cost is \$5.
Meal price for
non-members is \$7.

| OCTOBER 2016 | | | |
|---|---|---|--|
| Tuesday | Wednesday | Thursday | Friday |
| 4 | 5 | 6 | 7 |
| Stuffed Peppers Mashed Potatoes Mixed Vegetables Chocolate Pudding | Veal Cutlets Mashed potatoes Glazed Carrots Cinnamon Roll Cake | Chicken & Noodles Mashed Potatoes Corn Cherry Pie | |
| 11 | 12 | 13 | 14 |
| City Chicken Au Gratin Potatoes California Blend Veggies Cherry Crisp | Beef & Noodles Mashed Potatoes Corn Peanut Butter Ice Cream Pie | Open Faced Roast Beef Sandwiches Mashed Potatoes Green Beans Spice Cake with Caramel Icing | Happiness Club Salisbury Steak Mashed Potatoes Tossed Salad Corn Dessert |
| 18 | 19 | 20 | 21 |
| Pork Chops Stuffing Baked Beans Applesauce Kool Aid Pie | Liver & Onions Mashed Potatoes Mixed Vegetables Pig Lickin' Cake | Baked Steak Mashed Potatoes Glazed Carrots Poke Cake | Dine & Discover with Carriage Court |
| 25 | 26 | 27 | 28 |
| Salmon Patty Parsley Potatoes Peas & Carrots Apple Pie | Oven Fried Chicken Mashed Potatoes Green Beans Pineapple Upside Down Cake | Halloween Lunch Spaghetti & Meat Sauce Tossed Salad Garlic Bread Orange Poke Cake | Prayer Luncheon Cheddar Chicken Mashed Potatoes Broccoli Ice Cream Sundae |

Please make a reservation by 4 p.m. the preceding day. Meal tickets are available in the Senior Center office as an alternative to paying the \$5 meal charge each day. A meal ticket may be purchased for six (6) meals for \$29 or 12 meals for \$58 with cash, check, VISA, Discover, MasterCard or American Express. Meals are served at Noon. Happiness Club is \$6 and special event lunches may be more.

CITY OF
HILLIARD
est. 1853

PHYLLIS A. ERNST
Senior Center

Recreation & Parks Department
3810 Veterans Memorial Drive
Hilliard, Ohio 43026
614.876.0747
hilliardohio.gov

PRESORT STD
US Postage Paid
Permit No. 37
Hilliard, OH

PLAY!

VOLUME 37, NO. 4
SEPTEMBER – OCTOBER 2016
Real People. Real Possibilities.

Center Closings
The center is closed from Monday-Friday, Sept. 5-9 for cleaning and Monday, Oct. 10 for Columbus Day.

Extra! Extra! Read All About It!!

Hall of Fame

Congratulations to Otie Blankenship, Ken Brenneman (posthumous) and Honorary (posthumous) Brian Davis the 2016 Senior Hall of Fame Inductees!

The 2016 Induction Ceremony is 5-7:30 p.m., Wednesday, Sept. 14. Join us for a reception in their honor from 5-6 p.m. and then for the induction Ceremony at 6 p.m. at the Joint Safety Services Building 5181 Northwest Parkway Hilliard, Ohio.

This is the 30th annual induction ceremony.



#HILLIARDSHAPPENING: The City of Hilliard is actively seeking sponsorship donations for events including July 4th fireworks, concert series, movies, fitness programs and special entertainers at Hilliard's Station Park. Exclusive sponsorships are available. City staff will work with you to determine what event would be the best fit for you. Contact Kristan Turner at kturner@hilliardohio.gov or call us at 614.334.2588